



# LUNCH MENU

Monday through Friday, 11:00 a.m. – 2:00 p.m.



Breakfast • Lunch • Snacks

Bldg 549-Beasley

## October 2004

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Salmon Cakes Broccoli Quiche Wedge Fries Green Peas
4 Spaghetti Buttered Corn Tater Tots	5 Salisbury Steak Tortellini Baked Potato Bar Steamed Broccoli	6 Corned Beef and Cabbage	7 Fried Chicken Macaroni and Cheese Collard Greens	8 Tuna Noodle Casserole Pasta with Cheese and Veggies Brussels Sprouts
11 Columbus Day 	12 Sausage Skillet Manicotti Baked Potato Bar Steamed Broccoli	13 Crab Cake Day 	14 Liver and Onions Baked Ziti Mashed Potatoes Green Beans	15 Fried Catfish Pasta Delight Tater Tots Brussels Sprouts
18 Franks and Beans Wild Rice Casserole Winter Blend	19 Chili over Rice Pasta and Broccoli Baked Potato Bar Broccoli	20 Hamburger Casserole Veggie Lasagna Scalloped Potatoes Peas and Carrots	21 Taco Casserole Veggie Fried Rice Snow Peas	22 Seafood Gumbo Macaroni and Cheese Steamed Rice Baby Carrots
25 Country Fried Steak Eggplant Parmesan Mashed Potatoes Veggie Blend	26 Meatballs over Noodles Broccoli and Cheese Quiche Green Beans Baked Potato Bar	27 Meatloaf Pasta Delight Mashed Potatoes Lima Beans	28 Chef's Choice 	29 Halloween Menu 

We're on the web: [www.detrick.army.mil/wellbeing](http://www.detrick.army.mil/wellbeing) and <http://web.ncifcrf.gov/>

For more information, call 301-846-1750.

Call 301-846-6699 for menu and soup of the day.

Hot Breakfast from 7:00 a.m. - 10:00 a.m., Lunch from 11:00 a.m. - 2:00 p.m.



## **Breakfast Menu**

Buttermilk Pancakes  
French Toast Sticks • Biscuits  
Creamed Beef Gravy  
Eggs • Bacon • Sausage  
Hash Browns  
Breakfast Sandwiches  
Muffins, Danish, Bagels

Served 7:00 - 10:00 a.m.

*Now serving omelettes!*

**Breakfast Special: October**  
\$2.30 - 2 Eggs (any style) with  
Toast, 2 Strips of Bacon or  
1 Sausage, Coffee

## **Lunch Specials**

• **Monday •**  
3 Chicken Tenders - \$3.75

• **Tuesday •**  
BBQ Pork - \$2.50  
with Cole Slaw - \$2.75

• **Wednesday •**  
Wing Dings  
5 - \$2.75 or 10 - \$4.50

• **Thursday •**  
Reuben - \$2.50  
Grilled Cheese - \$1.50  
Grilled Ham and Cheese - \$2.50

• **Friday •**  
Fish Sandwich - \$2.50  
Fried Clams - \$2.00



NATIONAL  
CANCER  
INSTITUTE

## **Entrée Prices**

Range from \$2.00 - \$3.00

## **Side Items**

Range from \$ .50 - \$ .75

## **Desserts**

(Cakes, Pies & Cookies)  
Range from \$ .75 - \$2.00

Frozen Yogurt and  
Soft Serve  
Ice Cream  
with  
Assorted Toppings



**3 soups are offered daily**  
Please call 301-846-1750 for  
the daily soup selection!